

## Let's Recognize

- May is Mental Health Awareness Month. Established in 1949, Mental Health Awareness Month seeks to highlight the importance of mental health and wellness, and reduce the stigma around receiving mental health support. Stronger Together joins the national movement to raise awareness and support around mental health.
- Check out iHeartMedia's [May Mental Health Awareness Month Newsletter](#) for details on Mental Health Resources available to all Katz employees.
- May is AAPI Heritage Month. Asian American and Pacific Islander Heritage Month recognizes the contributions and influence of Asian Americans and Pacific Islander Americans to our history, culture, and achievements of the United States.

## Content Club

Join the Stronger Together Content Club by consuming carefully curated educational content in order to self-teach, provoke thought and spark conversation.

- ▶ [Asian Americans on PBS](#)
- ▶ [Asian Enough Podcast](#)
- ▶ [Bone by Fae Myenne Ng](#)
- ▶ [How to Help India in the Covid Crisis](#)

## Staff Spotlight: Adrienne Acuña Skowron



Adrienne began her career at Katz in 2000 as an assistant for the Continental Television Division. Her passion for multicultural sales led her to a sales position with the Katz Hispanic Radio Division the next year. This opportunity gave way to a transfer from the Dallas office to the New York office in 2005. She jumped on the chance as it would be the first time she lived outside of Texas. Her experience in

New York was a very different one from Dallas in that there is a large Filipino community in NYC. Adrienne is proud to be a first generation Filipino-American. Her parents immigrated from the Philippines in the early 1970s with her mother securing a H1B Visa as a nurse, and her father through his parent's Green Card. Adrienne encourages her parents to speak to her son in their native Tagalog/Cebuano/Ilonggo dialect. She notes there are actually 170 Philippine dialects. Adrienne is a one-time half-marathoner, a new Peloton enthusiast, and an avid old blues/jazz fan who loves to sing.

## What's Happening

With a bipartisan vote of 94-1, the US Senate passed legislation for the COVID-19 Hate Crimes Act. This legislation will expedite the Justice Department's review of hate crimes, as the Asian American community has seen an increase in incidents during the coronavirus pandemic. It will also task the department with coordinating with local law enforcement groups and community-based organizations to facilitate and raise awareness about hate-crime reporting.

### DEI Toolkit

The diversity, equity and inclusion toolkit will serve as a resource corner for terms, definitions, training and information.

#### Microaggression • *noun*

A statement, action, or incident regarded as an instance of indirect, subtle, or unintentional discrimination against members of a marginalized group such as a racial or ethnic minority.

#### Model Minority • *noun*

A minority demographic (whether based on ethnicity, race, or religion) whose members are perceived to achieve a higher degree of socioeconomic success than the population average, thus portrayed as a "model" for other groups to emulate.

[AAPI Business Directory](#)