



Diversity Equity and Inclusion

What's Happening

- This month marks the 21st anniversary of the September 11th terrorist attacks on the United States. Stronger Together remembers those who lost their lives and honors the courage of the countless individuals who put their lives at risk in order to rescue, alleviate, and bring solace to all in the aftermath.
- September is Self-Improvement Month, a time to reflect on all you've accomplished while identifying ways to improve and set new goals. In the 1980s, organizations began promoting Self-Improvement Month with seminars, books, and informational pamphlets. By 1988, the observance coalesced into a nationwide event every year in September.
- National Recovery Month is a national observance held each September to promote and support new evidence-based treatment and recovery practices for substance abuse disorder. It was launched in 1989 by SAMSHA (the Substance Abuse and Mental Health Services Administration). You can observe National Recovery Month by reaching out to anyone you know in recovery, or post on social media about your own progress or experience.

Let's Recognize

- National Hispanic Heritage Month is September 15th to October 15th. The month-long observance celebrates the histories, cultures, and contributions of Americans whose heritage is rooted in all Latin American countries.
- September is National Suicide Awareness Month. September 5th-9th is National Suicide Prevention Week, and World Suicide Prevention Day is September 10th. This month is dedicated to raising awareness and opening the dialogue about suicide prevention.

Spirit Day Reminder

A reminder that every Katz Media employee has one Spirit Day—an 8-hour day that can be used for volunteer work at a charity or non-profit organization. Check out [ConnectKindness.com](https://connectkindness.com) for ways you can use your Spirit Day this August in support of Stronger Together's August theme of Be Kind.

Staff Spotlight: Monica Moraca



Monica Moraca, Payroll Manager, will be celebrating 25 years with Katz Media Group this October. She began her career as a Payroll Assistant and was promoted to Payroll Manager in 2001. Over the years, Monica has worked closely with the Human Resource department and has recently taken on additional responsibilities to further assist the needs of our employees across Katz Media. Monica enjoys spending time with family and friends, reading, writing, and visiting antique shops across different states. She recently adopted & co-parents a two-year-old chocolate Lab/Vizsla named Cash. Monica chose his name while touring the Johnny Cash Museum in Nashville.

Content Club

- ▶ [TEDxLSSC: Suicide Prevention](#)
- ▶ [The Latin American History Podcast](#)
- ▶ [Reflections for Hispanic Heritage Month: Essays from Rutgers University Students](#)
- ▶ [50 Ways to Improve Yourself During Self Improvement Month](#)

DEI Toolkit

[Latin Business Directory](#)

[The Suicide & Crisis Lifeline](#)

[SAMHSA National Helpline](#)